



# Studentsko savjetovalište Sveučilišta u Zadru

**Student Counselling Centre**

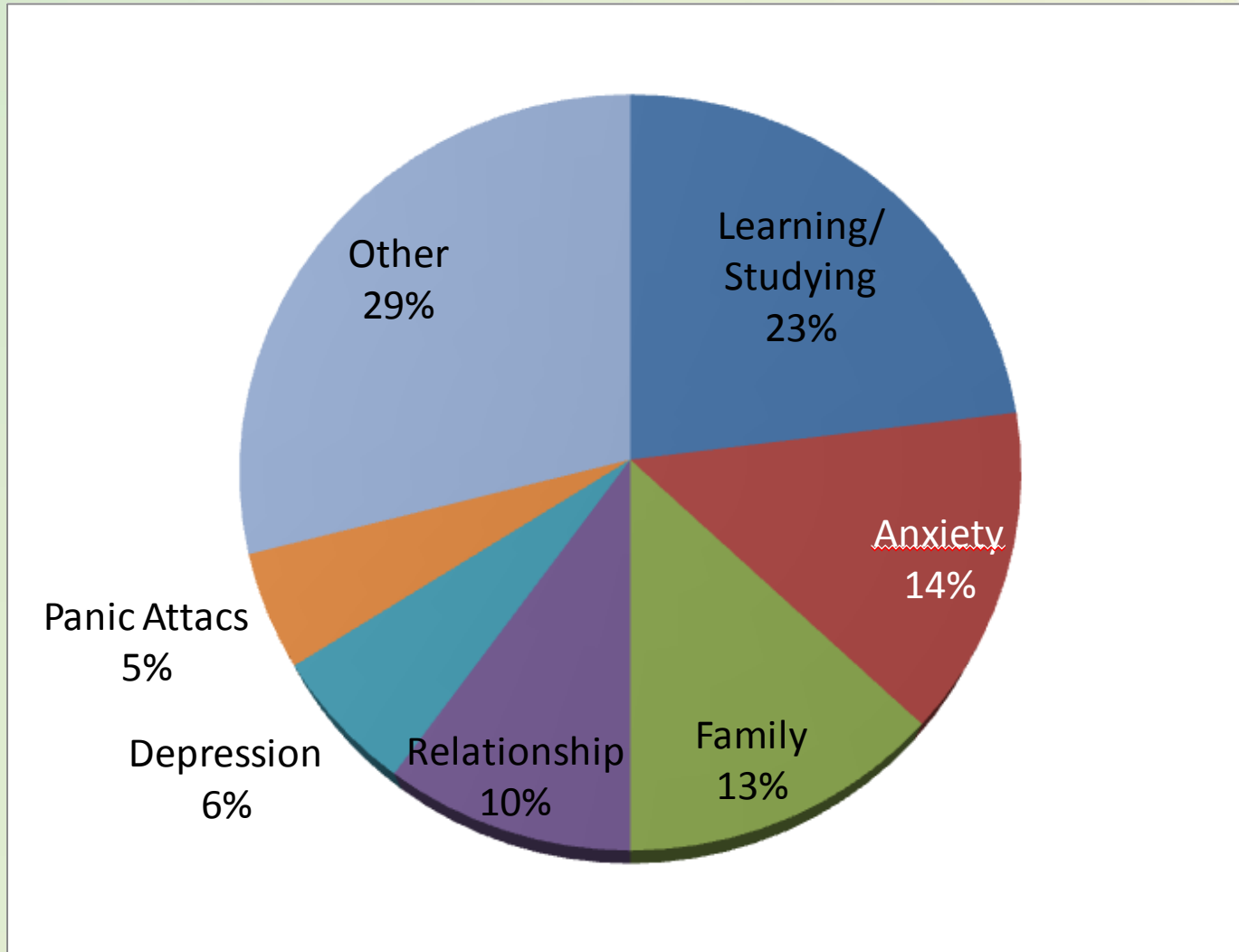


# ACTIVITIES

- Individual and group counseling
- Psychoeducational workshops
- Public activities
- Research activities



# WHY STUDENTS COME TO COUNSELING:



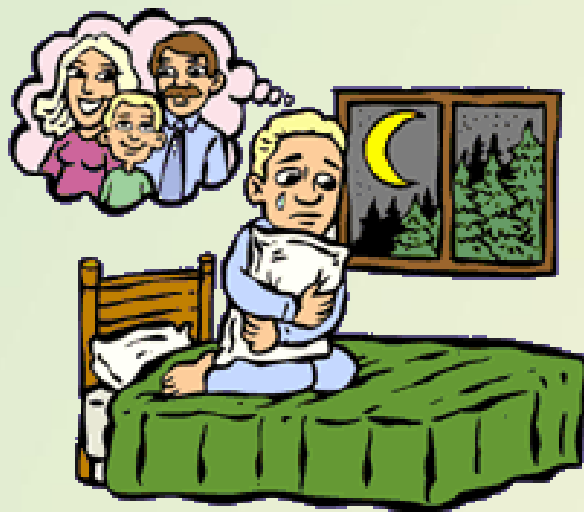
# PROBLEMS FOR INTERNATIONAL STUDENTS

- Culture Shock/  
Homesickness
- Balance between  
studying  
and private life



# HOMESICKNESS

- Skype
- Hobbies
- Going out/ meeting new people
- Focus on the reasons why you went abroad



# BALANCE STUDYING/PRIVATE LIFE



1. Orientation
2. To Do List
3. Written Plan
4. Time Buffer!

# STUDENT MENTOR



# WELCOME



**STUDENT COUNSELING CENTER**

University of Zadar

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# BUT DON'T FORGET: STUDYING ABROAD ALSO MEANS...



**THANK YOU FOR YOUR ATTENTION AND ALL  
THE BEST FOR YOUR STAY IN ZADAR!**

